SHIRLEY SMITH

Author, Keynote Speaker & Philanthropist

MAMA BEAR BOOK







My Kota Bear

@ mykotabear

mykotabear.com



MAMA BEAR: One Black Mother's Fight for Her Child's Life and Her Own is the story of Shirley's 141-day ordeal, from entering a hospital emergency room on New Year's morning and giving birth to her micro-premature newborn, to taking her daughter home for the first time the following May.

In telling her story, Shirley shines a spotlight on the dangers Black women face during pregnancy. Black mothers are twice as likely as their white counterparts to go into labor prematurely and lose their babies—and almost four times as likely to die giving birth. Neither socioeconomic status nor access to quality healthcare seem to matter.

Speaking Topics

In-Person or Virtual

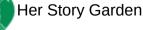


Identifying Core Wounds

Self Care Liability

Healthy Relationships

Featured On/The Press/Client List











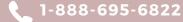














MAMA BEAR EVENT OPTIONS

(In-Person or Virtual)

An Invitation to Healing

Want to work with Shirley?

Please view the event opportunities below to begin healing of mind and spirit.

Note: Events ides are not limited to the below. Prices & event subject to change without notice.

SIP N' CHAT

S50 PER PERSON

Host an event which will include a book for guests, book signing, small bites, wine, tea &/or coffee, excerpts read from the book followed by discussion & photo op.

COLLEGE CHAT

\$30 PER PERSON

Host an event which will include a book for guests, book signing, read from the book followed by discussion & photo op.

NICU CHAT

Newborn Initiative to Create Understanding \$40 PER PERSON

Host an event which will include a book for guests, book signing, pampers & wipes, excerpts read from the book followed by discussion & photo op.

BOOK SIGNING

\$250 FLAT RATE

Host a Book Signing, which will include a photo op.

Add a reading & discussion for a small extra fee.

*Workshops & Speaking Engagements Available

Please contact mamabear@mykotabear.com or call 1-888-695-6822.













TESTIMONIALS





**** GABBI CISNEROS

Porchlight Book Company

The book is specifically helpful for Black women, who haven't been able to take a deep breath for generations. Continue reading Gabbi Cisneros's book review → https://bit.ly/3A6JunL



MORGAN

"Sis, I loved every page especially pg 111, ...our bodies are connected to our spirit..." "This book, it was refreshing for someone of color to finally confront issues in our community with raw honesty and offer positive solutions."



ANONYMOUS

"Your transparency gave me the freedom to heal at 60 years old."



APRIL

"The advice you give people because of what you endured back then you are able to help people now because you know what it looks like, what it feels like, so your able to give advice. You are able to connect the dots for so many people."

